



STRATEGY FOR CARE IN NORMAL CHILDBIRTH WITHIN THE SPANISH NATIONAL HEALTH SYSTEM

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**WHO REGIONAL OFFICE FOR
EUROPE**

**Meeting of Focal Points for Family
and Community Health**

- 1. DEVELOPMENT PROCESS**
- 2. REFERENTIAL FRAMEWORK**
- 3. THE STRATEGY**
- 4. IMPETUS FOR IMPLEMENTATION**
- 5. CHALLENGES**

DEVELOPMENT PROCESS

- ◆ Response to women' organizations, social groups, health professionals and regional health authorities
- ◆ Political commitment
- ◆ Participation process
- ◆ Consensus document
- ◆ Strategy approved by the *Interterritorial Council of the National Health System* in October 2007

REFERENTIAL FRAMEWORK

QUALITY PLAN OF THE NATIONAL HEALTH SYSTEM

Articulating the coordination of the National Health System by:

- promoting greater cohesion and high standards of service
- guaranteeing the rights of citizens and users

Strategies

- ensuring an optimum level of health care tailored to the individual, centered on specific requirements and expectations of patients and users

REFERENTIAL FRAMEWORK

Strategy 3

“Encouraging health policies based on best practice”

- ◆ Objective 3.2. Reproductive health

Strategy 4

“Analyzing health policies and proposing actions to reduce inequities in health with emphasis in gender differences”

Strategy 10

“Improve clinical practice”

- ◆ Objective 10.2 Clinical Guides (Guide for clinical practice for childbirth care)

THE STRATEGY

General Objective: Advance care for normal childbirth in the National Health System by improving the quality of service offered

Specific objectives:

- Offer personalized care considering women's needs
- Include active participation of the mothers to be
- Promote the use of clinical practices based on the best available knowledge
- Restructure the training of health professionals
- Encourage research

Equity mainstreaming includes:

- Gender perspective
- Multiculturality
- Diversity of capacities

IMPETUS FOR IMPLEMENTATION

Financial resources

- ◆ Specific agreements with the Autonomous Regions (4 million Euros in 2008)
- ◆ Health strategies funds for the Autonomous Regions (4 million Euros in 2008)
- ◆ Annual grants for non-profit organizations to develop this Strategy
- ◆ Annual grants for research and innovation projects
- ◆ Quality awards

IMPETUS FOR IMPLEMENTATION

Health strategies funds for Autonomous Regions

Financing criteria

- ◆ Gender perspective during pregnancy, childbirth and postpartum
- ◆ Evidence-based clinical childbirth practices
- ◆ Promotion of breastfeeding
- ◆ Participation and empowerment of women
- ◆ Men's participation in the process, and during child-rearing
- ◆ Multicultural care
- ◆ Training of health professionals

CHALLENGES

- ◆ Active participation of women in decision making
- ◆ Establish channels of co-responsibility and involvement for fathers in the process
- ◆ Train obstetricians and mid-wives
- ◆ Promote research (innovation and dissemination of best practices)

CHALLENGES

- ◆ Include the strategy recommendations in maternity protocols
- ◆ Implement clinical practices based on best available knowledge
- ◆ Contemplate and incorporate gender perspective
- ◆ Evaluation by 2009